



## *Heart Patients facing Surgery or death now have other treatment options*

### FIGHTING HEART DISEASE WITHOUT SURGERY

Ludhiana (India): Chest pain is associated with death due to heart attack. Chest pain is the commonest feature of dreaded heart disease due to decreased blood flow to the heart muscle. Hereditary factors, high blood pressure and cholesterol predispose to it. Smoking, stress, sedentary habits, constipation and toxins produce free radicals that damage blood vessels leading to deposits and blockages. Bypass surgery and angioplasty are not always successful and don't stop new deposits hence there is often recurrence after them. Now ACT and ECP are options for these patients. Artery Clearance Therapy (ACT) and External Counter Pulsation (ECP) are Biochemical Angioplasty and Natural Bypass without the fear and trauma of surgery for such patients. ACT consists of Chelation Therapy, antioxidants, nutrients, life style and stress management. Chelation Therapy is done according to the treatment protocol of the American College for Advancement of Medicine (USA) and removes calcium from blood vessel walls and the deposits without operation with drip medication. ACT is available in USA, England, and Australia etc. and in India it is available in Sibia Medical Centre, Ludhiana in Punjab.

ECP is a mechanical process without pushing wires, stents etc into the body. ECP dilates blood vessels and enable body to grow new blood vessels much like bypass and stem cell therapy. In ECP eight large blood pressure type cuffs are wrapped around the legs and arms and inflate and deflate synchronized with the ECG.

Most patients can walk longer distance and faster, have fewer episodes of pain chest, need less medication after ACT and ECP.

ACT prevents and reverses heart diseases, angina, and reblock after bypass surgery, poor circulation to legs, brain, sex organs etc.

**Food Tips:** Fresh vegetable salads (without creamy dressing) are heart's best friend. Boiled and steamed vegetables are next in the list.



**ACT & ECP: Enhance blood flow - Avoids bypass surgery – creates natural bypass and biochemical angioplasty.**

**Method:**

**ACT:** Thirty 3 hour intravenous drip infusions on alternate days

**ECP:** Thirty five one hour sessions treatment sessions, once or twice daily.

**Safe & Comfortable.**

**Whom are ACT & ECP for?**

Patients unfit for angioplasty and bypass surgery.

Before angioplasty or bypass to improve the cardiac status.

Failed bypass

Recurrence after bypass

Patients who do not want angioplasty and bypass surgery.

Proven results: Stress Thallium and Cardiovascular Cartography.

*Now ACT and ECP for treating Heart Diseases is available in:*

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